

1-About yourself

The outline:

1. My name – age – address
2. My family – how many people – what they do
3. What I do – what I like, etc.
4. What I wish to be when I grow up – Why?
5. The end

I am Sri Lankan boy. My name is Ramees. I am fourteen years old. I live in Kandy.

I have three sisters and two brothers. My sisters are older than I am. My brothers are younger than I. They all go to school. My father is a teacher. He is not very old. My mother works at home. She is a very nice lady. I love her very much.

I go to a school in the town. It is a large school. I learn many lessons in school, such as English, Mathematics and Computer etc. Of all these lessons I find English is the most difficult to learn. But I enjoy learning English. It is a beautiful and important language.

I play all kinds of games. The game I like most is football. I play football with my friends every day. Football is a very interesting game.

When I grow up I wish to be a teacher. If I become a teacher, I can teach hundreds of boys and girls. I can help them to read and write and become cleverer. At the same time, I too can learn many more things. I hope that I will get my wish.

2-My best friend

The outline:

1. Who? His name, religion, etc.
2. His habits, abilities, etc.
3. Why I like him
4. the end

I have many friends of several races. But my best friend is a Hindu boy whose name is Kannan. He is a handsome boy. He and I first met at kindergarten and we became great friends. He is kind, jolly and helpful. We are classmates again this year and we go to school together each morning.

Kannan's father is a carpenter. His mother looks after their small shop. They are very hard-working people. They are also very kind to me.

We are in the same class. He sometimes helps me in my lessons. I too sometimes help him to understand and learn a few difficult lessons.

After school, Kannan and I play some games. Sometimes we go out to catch some fish or birds which we really enjoy catching. We often return home very late after our hunting trips and our parents scold us severely. But Kannan and I are so interested in this kind of hunting that we cannot give it up.

Indeed, I enjoy Kannan's company very much.

3-My teacher

The outline:

1. Teacher's name
2. His or her nature
3. Hard-working or not
4. How much I like him or her. Why?
5. The end.

The name of my teacher is Miss Rani. She is a very pleasant lady.

Miss Rani likes children very much. She herself has many brothers and sisters at home. Most of them are going to school and she helps them in their lessons.

What she does for her own brothers and sisters is also done for the children in the class-room. She does not get angry easily. If some pupils are slow to learn, she takes great trouble to explain all the lessons slowly so that all the pupils can understand the lessons well. Sometimes, she also brings certain things into the class-room to explain a lesson. For example, one day she brought a toy ape to explain what an ape was. This makes her lessons very interesting indeed.

Miss Rani, sometimes, also takes all her pupils out for a visit to some interesting places. She believes that children could learn a lot by traveling. Last year she took our whole class to Colombo where we visited many interesting places such as, the museum, the zoo and World Trade Centre

I am indeed very proud of my teacher, Miss Rani.

4-The person I like most

The outline:

1. Who?
2. What kind of person
3. Why I like him or her
4. Is there any other person like him or her?
5. The end

Of all the people in the world, I like my dear mother the most.

Everyone knows that mother's love is the greatest in the world. When I see how my mother behaves towards my father, brothers, sisters and me, I am filled with pride. In everything that she does, there is a touch of love. Even when she washes the dishes, she makes sure that they are clean so that no one in her family will become ill.

Though she sometimes scolds me, I know that she does so not because she is bad but because she is tired, working all day for the happiness of the family. So I keep quiet while she expresses her anger, so that she may feel a little relieved.

The she loves her family is proved every day. When my youngest brother is very hungry late in the night and cries for milk, she wakes up at once to make for him, even if she is tired or ill. In the same way, she wakes up before all the others and goes to bed last, so that everyone in the family can receive her care. If anyone in the family is ill, she is the one who is the most worried.

Such care and love no one in the world can give to me. For these reasons my mother will always be the dearest person to me.

5-Why I like to go to school

The outline:

1. what kind of place it is
2. the reason for going to school
3. How a school improves a person
4. Why I like school

School is a good place to learn things. In school, one can meet boys and girls from a variety of homes. Consequently, school is really an interesting place.

In school, pupils can acquire good knowledge of different kinds of subjects such as, Mathematics, Literature, Biology, Chemistry and many others. Learning much makes them cleverer and wiser. When they grow older, they will become good people.

In school, pupils learn how to have good behaviors towards elders as well as one another. Teachers always explain and give lecture on the importance of good manners. They also talk about how to develop good manners and behaviour.

Again, pupils learn all kinds of games to develop their bodies and minds. They learn to be good, brave and hard-working and to think for themselves. They also learn to depend on themselves. All this helps to build up character which is very important to everyone.

As there are many pupils in a school, there is also much to learn from them about the people who live around us. Each pupil comes from a different kind of home. Some pupils come from poor families; some come from rich families; some have no parents; some have good parents and some have careless parents. Therefore, mixing with pupils from such a variety of homes helps one to learn a lot about human affairs.

It is for all these reasons that I like to go to school.

6-My favorite game/sport.

The outline:

1. Name of game
2. How famous it is
3. How it is played
4. Why I enjoy playing it
5. The end

My most favorite game is Football. It is a world famous game.

Football is such a popular game that it is played even in the most remote corner of my country. People walk long distances to watch a football match. Even old people enjoy watching this game.

To play this most interesting, I go to the field near my house where my friends wait for me every late afternoon. My friends also love this game very much. We play until dark.

But it is a very hard game. It requires a lot of strength to kick the ball. They must also be skillful in controlling the ball. All this makes the game a difficult game indeed. Playing football however help us healthy and active.

I shall always love this game.

7-Things I like to do

The outline:

1. What things?
2. Description of each item
3. Why I like them
4. the end

I have many interests. The activities I spend most of my leisure on, however, are reading, jogging and painting.

I enjoy reading very much. I read widely, ranging from fairytales to nonfiction books on outer space and nature. Reading helps to widen my general knowledge and improve my writing skill. Therefore, my parents think well of my hobby and often buy me books that I cannot find in the library.

When my eyes get tired from reading too much, I would go for a slow jog with my dog in the park near my house. Jogging regularly makes one healthier. I have also made a few friends among the regular joggers in the park.

Sometimes, instead of jogging, I would stroll in the park, carrying with me my painting equipment. I love to capture beautiful things on paper. I have taken art lessons since I was nine and I am especially good in water-color painting. Besides painting pictures of the park, I also like to draw portraits of my family members.

All my interests are fun and useful pastimes. I believe that everyone should spend their time on some useful hobby rather than laze precious time away.

8-The things I dislike the most

The outline:

1. What things?
2. Description of each item
3. Why I dislike them
4. the end

There are many things that I dislike; but the ones I dislike the most are noise, crowds and laziness.

Noise disturbs me greatly. This is why I hate to live in a city. In a city, vehicles run to and fro dawn till midnight. This makes the city very noisy indeed. The voices of thousands of people living close to one another also add to the noises caused by the vehicles. Besides, there are noises from the factories in a city.

I also dislike crowds. Crowds make movement difficult. If a place is crowded, it is not easy to move about or to do any work quickly. If we are in a hurry to go somewhere, a crowd can delay our progress.

Finally, I hate laziness because a lazy boy is a problem not only to his parents but also to others. By refusing to do any work, he compels others to do for him. Sometimes a weak and poor person has to work hard to bring food for a strong and healthy person who is lazy. Such a person is really bad and ill-mannered. As long as he gets what he needs and wants, he does not care what others think of him. I hate to see such a person, even if he is my own brother or father.

I hate all the three things I have mentioned.

9-Why I want to learn English

The outline:

1. The beginning
2. How important it is
3. How much it is used – Why?
4. How it helps us
5. The end

English is considered to be the most common and important language of the world today. A great number of people understand and use English in every part of the world.

English is the most useful language. Being good at English, we can travel to any place or any country we like. We shall not find it hard to make others understand what we wish to say.

English also helps us to learn all kinds of subjects. Hundreds of books are written in English every day in all countries to teach people useful things. The English language has therefore helped to spread ideas and knowledge to all the corners of the world. There is no subject that cannot be learned in the English language.

As English is used so much everywhere in the world, it has helped to make countries of the world become friendlier with one another. The leaders of the world use English to understand one another. The English language has therefore spread better understanding and friendship among countries of the world.

Lastly, as a person who knows English easily get more knowledge from many parts of the world, he or she is respected by people. It is for all these reasons that I want to learn English.

10-If I had a thousand dollars

The outline

1. First feelings
2. What things I would buy
3. What else I would do
4. The end

A thousand dollars, to a girl of my age, is indeed a big sum of money. If I had such a large sum of money, I would do a variety of things.

First, I would buy some pretty clothes for myself. I would go round the shops and look for the latest fashion in clothes. I would spend the money carefully on clothes. I would spend my money carefully as I would not get so much money easily again.

Then, I would buy some jewelry to beautify myself. I would buy a ring and a small necklace. This would cost me about half the money I had.

I would then buy a pen for my father and a nice hand-bag for my mother. These things would certainly make my parents happy.

After that, I would spend a few dollars for my brothers and sisters' sake. I would take them to a cinema in the town so that they might enjoy themselves a little. I would also buy them some drinks and sweets.

If some money still remained, I would buy a good book for myself. The rest of the money I would keep in my savings account to use in the future. Thus, the money would not be spent carelessly.

11-An incident I shall never forget

The outline:

1. When it happened
2. Where I was
3. What happened
4. The end

One day, last year, I was alone in my house, when something terrible happened. I can still remember the incident very clearly.

My parents were out that day to meet some of their friends. My brothers and sisters had gone to the cinema. All of them returned very late in the night. As I had some school work to do, I stayed at home alone.

I was reading my lessons in a room at the back of our house. It was now very dark. Suddenly, I heard a strange cry outside the house. It frightened me at once. I heard the cry again, but this time it was not so loud. I now felt certain that a child had been attacked by some person or an animal. I opened the door at the back of the house to find out what it was. As soon as I did so, I saw a small girl with a lot of blood all over her body, lying on the floor. She was still alive; however, I then took her into our house and telephoned to the hospital near by. Soon an ambulance arrived and took her to the hospital. I did not know what happened after that.

When my parents returned, I told them all that had happened. The thought of this incident frightens me even today.

12-My pet dog

I have a pet dog. I named it Doggie. Doggie is a white coloured shepherd dog. It is very lovely and it always licks my cheek. Doggie had been trained before while it was in the pet dog. So, it knows how to go back home, sit, stand and stay.

Doggie is special to me because it is just like my best friend. Everytime when I come back from school, it will run out quickly to welcome me. It will jump onto my arm and lick my cheek. When I am free, I will play with Doggie in the garden. It will lie down on my feet, roll over and squirm around me until I give it a stomach rub. I am happy to have a friend who is never busy and can always play with me when I am lonely.

Besides, Doggie is just like my family safety guard. It will always help us to take care of our house. I remember that once there was a thief who tried to steal something valuable from my house. On that night, all of us were asleep. None of us noticed that the thief had broken into our house.

Luckily, we have Doggie. Doggie barked at the thief fiercely when it noticed the thief. It helped us to chase away the thief. All of us were as happy as a lark because nothing had been stolen by the thief.

I am very happy to have a pet dog like Doggie. I believe that caring for animals is important. So, I promised that I will take good care of Doggie forever.

13-What I wish to be when I grow up

The outline:

1. Doctor, lawyer, engineer, etc.
2. Why?
3. The end.

I am still very young; yet, I already have an ambition. I would like to be a businessman when I grow up.

Most parents today want their children to become doctors, lawyer, engineers or accountants. My parents too want me to be a doctor or a lawyer. But I wish to be neither of them. I wish to be a businessman.

As a businessman I can be independent, and rich. I shall not have to take orders from others. I shall look after my own business. Even if I make any mistakes, I shall not have to answer to anyone, though I might suffer some loss for some wrong decisions.

I shall also not feel tired of working for long hours. As the business will be my own, I shall be prepared to work day and night, for this will only make me richer.

In business, hard work is necessary; but hard work also brings much money. Yet most people are afraid of business. They say that business does not always make a man rich. Instead, it often ruins a man.

But most of the richest people in the world are businessmen. Few people grow rich by earning salaries.

All these explain why I would like to be a businessman.

14-My Best Friend

Rani is my best friend in school. She is a fair, pretty girl with dimpled cheeks. She and I first met at kindergarten and we became great friends. She is kind, jolly and helpful. We are classmates again this year and we go to school together each morning.

Norella likes to joke and play games. She lives near my house. In the evenings, we usually meet at my house. We sit in the garden and read story books. She is good at Mathematics. So, whenever I find difficulties in my Mathematics homework, I would ask her to help me. Sometimes, when my parents go out in the evening, she comes over to keep me company and we watch television together. That way I do not feel lonely.

I hope Rani and I will be in the same class again next year. I like her very much and she is my best friend.

15-A picnic I enjoyed

The outline:

1. When? Where?
2. Who went along?
3. How much I enjoyed
4. The end

One day, a few of my friends and I went on a picnic to Pasikudah a small interesting place in Kalkudah.

Pasikuday is about five miles from Oddamawadi. Pasikuday is an interesting beach where thousands of people gather every day. It is a tourist attraction beach. Many tourist visit it.

We arrived at that place in the morning. After getting out of the bus, we separated into different groups and looked for shady places to spend the day.

Soon, most of us went swimming. While in the water, we were playing a few interesting games. Those who were on the beach were playing other games. Some of them even sang songs and danced. There were still others who were interested in nothing, except picking shells.

In short, everyone enjoyed the trip. In the evening, we returned home in our bus, thinking of the fun we had had at that place. I enjoyed the trip so much.

16-Importance of water

Since the beginning of time, water has continued to be an important thing to all living things. Without water nothing could live. We may change our food according to the climate of a place but we may find no substitute for water. Man has always looked for pure fresh water to slake his thirst.

Water not only quenches our thirst but it is also a source of food to us. From the sea we catch large quantities of fish and other creatures. We use water to irrigate our lands to produce crops. Many parts of the world are dry and barren because there is no water there. People in such places lead a very hard life. Even the plants and animals find it a real struggle to survive. They can obtain water only by some means of ingenuity. Water also helps to increase the fertility of the land in several parts of the world. The alluvium that is brought down by rivers is very fertile. Even electricity, which has changed our lives completely, is produced by water-power in many countries.

Further, water is an important means of communication. We use waterways to carry our goods or trade. Water transport is cheaper than land transport and in many remote regions, rivers are the only means of communication. In many countries rivers are used to bring down timber from the hilly regions to the lower regions where the timber mills are. In this way much money is saved.

It is true, however, that water has also caused much destruction to life and property throughout human history. Heavy rainfall, swollen rivers and the angry waves of the sea have killed thousands of people and destroyed homes and crops. Yet, water is indispensable to life, and People everywhere are trying their best to bring water to places where it is scarce, to control its flow in times of floods and to make greater use of it.

17-My school

I study in BT/BC/Al -Azhar School which is one of the best schools of Eravur. It has a stone building. It has all facilities a good school should have-well furnished classrooms, laboratories, library and playground.

As we enter the school, there is a playground to our left and a small garden to our right. When we enter the building, the Principal's room and the office room are to the left and the staff room to the right side. These are well furnished. There are thirty four classrooms. Our labs are well equipped. Our library has books almost on all subjects. Our Librarian is also very helpful.

Our school, like all schools, has a prescribed uniform. We have to wear white or cream cotton shirts, light-blue trousers, black shoes and white socks. Girls have to wear white blouses and light-blue skirts in primary and middle classes and white shirts and light-grey skirts in higher classes. They have to tie white ribbon also.

In our school special attention is paid to behavior, cleanliness and punctuality. The most well behaved, neat and punctual student is awarded a prize at the Annual Day function.

Our Principle is a strict disciplinarian. He takes the help of P. T. Teachers too. If any one violates the rules, and is not in uniform, or makes mischief, he gets punished. But he is fair and loving. He tries to find out the reason and guides us.

Our teachers are also quite strict. They teach us with great care, check our note-books, help us when we need but if we are inattentive and don't work properly, then we are punished.

I like my school very much and I am proud that I belong to it. I shall never forget it.

18-My home

The saying 'East or West, home is the best' is true in more ways than one. Home offers affection and security. My home to me is the best place in the world, where I live with my mother, father and a sister.

I belong to a middle class family. My home is a cosy little flat on the 1st floor in Essex. Our drawing-cum-dining room is tastefully decorated. It has a TV set, a sofa, a refrigerator, a dining table. The decoration pieces remind me of our visits to different places. There are two bedrooms. One is used by my parents and the other is shared by three of us. Not only the room but the study-table is also shared by us.

Ours is a small and happy family, where every members has consideration for the needs and comforts of each others. We all share household work too. Our morning are busy and everybody rushed about doing one's work too. Our morning are busy and everybody rushes about doing one's work and takes food or breakfast as and when ready. But we all have our dinner together. We share all that we had enjoyed or suffered during the day.

We keep our home clean and tidy. Every thing is kept in place. I am proud of my home

19-The advantages and disadvantages of television

Nowadays many people all over the world spent most of their free time watching television; but since its appearance, television has brought to man many advantages as well as disadvantages.

First, television plays an important role in our daily activities: it keeps us informed of all current affairs in the world. Events through television are more vivid than those through books and magazines.

Second, television helps us enrich our spiritual lives. Our knowledge is broadened in many ways. Through language teaching programs, we can learn the language we like such as: English, French, German, Chinese, Japanese and so on. We can become skilful and clever at doing jobs, making cakes or arranging flowers through practical courses taught on television.

Finally, television is a source of recreation. Humorous stories and funny films bring us minutes of relaxation after a hard day's work. For me, sitting comfortably in an armchair to watch an international football match on television is more interesting than having to queue for tickets at a crowded stadium.

Apart from its advantages, however, television also brings lots of disadvantages to viewers too.

First, television viewers gradually become passive in their action. Television may be a splendid media of communication, but it prevents us from communicating with each other or with the outer world. The world seen through television is only the restricted one: It separates us from the real world.

Second, television, with its fascinating power, makes people of all ages sink into oblivion: whole generations are growing up addicted to the telly. Pupils and students are so absorbed in television that they neglect their school activities. Food is left uneaten, homework undone and lessons unprepared. Housewives are so keen on watching television that they neglect their duties toward their husbands and their children. Instead of watching television, we may use the time for a real family hour. Without the distraction of television, we may sit around together after dinner and actually talk to one another to know and like each other better.

Finally, the evil influence of television on the young generation is inevitable; it encourages them to commit crimes. Spectacles of sadism and violence on television lead them to robbery, theft, rape and murder.

In a nutshell, television is useful to us when we know how to use it: Be careful not to overindulge ourselves in it and use it in a discerning manner.

20-The use of forests

Forest form an important part of the wealth of a country; and in India, the preservation of the of the forests is so important that it has long been taken over by the Government, and is in charge of the Government, and is in charge of the Government Forest Department.

Forests have a great influence upon climate; for they attract rain and preserve moisture – an important matter in a dry country like India. The leaves of a tree are always giving off moisture; and this constant evaporation cools the surrounding atmosphere. In consequence, when moisture-laden winds blow over a forest, the moisture they carry is condensed and forms clouds and these dissolve in rain. This is not mere theory. It has been proved that the destruction of forests of any extent quickly changes the climate of the whole district. Whereas before it had an abundant rainfall, after disafforestation the rainfall became scanty, the land went out of cultivation and became an arid desert. On the other hand, afforestation or the planting of forests, will turn a desert into a well-watered and fertile district.

Further, forests on hill sides do much to prevent destructive floods. When heavy rain falls on bare hills, it rushes down at once to the plains I roaring torrents, carrying parts of the hill with it, and flooding the country below. But when the hills are covered with forests, the trees and the spongy soil they create absorb a large part of the water, and allow the rest to flow down to the plain quietly and without any destructive effects.

Forest products, especially timber, form an important part of a nation's wealth. The Indian forests supply all the timber that is required in the country and much is exported, the sale of it bringing in a very respectable revenue to the State. Forests also provide abundant fuel to the districts near by.

The planting and preservation of forests is therefore a matter of great importance.

21-My family - relationships with dad, grandma, aunt.

When I was l little I grew up with my grandma. I wish she was still alive and that I could continue to live with her. She is sweet and wonderful. I had a dream that was very vivid dream, one that I shall never forget. Even though it's been almost 20 years, I still remember clearly and it feels like it was yesterday. The dream was about my grandmother.

My grandma and I were very close each other, because when my mother left me with my dad and dad could not provide for me because he want to live in a different country to work. and help me and my grandma it means dad said. Wherever grandma went I was right by her side just like a puppy on a dog leash.----I like this sentence! Very good writing here...

When I was 5 or 6, my grandma died. I miss her. After a while I moved in with my aunt because no one was helping me at home. When I was with my aunt I wasn't that comfortable. Actually my aunt is very nice, and especially her husband is very nice, and he helped me a lot with school and learning how to manage myself. When I was 16 I moved to Kandy, and when I was 17 I moved to Colombo. Now I'm trying to go Nuwara Eliya.

22-Television, its use and abuse

Television must be the most popular pastime for human beings today. Just about everyone watches television and just about every house has a television set. Every day and night, people glue their eyes on their sets to watch their favorite shows. So television exerts a large influence on us.

It is fine we just use television as a source of entertainment or to be informed about things happening around the world. In fact documentaries are very informative and we do learn many things from such programs. News keeps us up to date with the latest developments. Cartoons keep children entertained. There is no shortage of programs to keep the viewers occupied.

There is nothing wrong in watching these programs, but they must be done in moderation. Then we use television wisely and do not get attached to it. However there is always the danger of making a habit of watching television.

A habit is something we always do and might get upset if we could not do it for some reason or other. A man who has made smoking a habit would be very upset if he is not allowed to do so. Someone who must have a cup of coffee every morning would be upset if he could not get one. Similarly, a person who makes a habit of watching television would be upset if he misses his favorite programs. These are all symptoms of addiction, like those of a drug addict.

To be addicted or attached to television is to abuse it, that is, one feels compelled to have the television on. In other words one becomes a kind of a slave to it and may spend hours just watching it. For example, the first thing my uncle does whenever he comes home is to switch on the television. He used to watch the television a lot but now he just switches on the set and does something else. I have on occasions switched off the set because no one was watching it only to have my uncle switch it on again almost immediately. I asked him why and he said that he just wanted the set on. It is quite ridiculous really, but I noticed he is addicted to the sound from the television. He finds it unbearable not to have the set on,

One great abuse of television is how it is used by advertisers. It is of enormous benefit to both advertisers and television station to have advertisement on television. The viewers also get to know what products are available and the advertisers get to sell their products. However, the situation on television now is such that the time allocated for advertisement is about the same as that for the actual programs. In fact, in some popular programs, the station spend more time screening advertisements than the actual show. This is sheer abuse. No one wants to have their programs interrupted so often by repetitions of advertisement that become so boring after a while.

So we watch television. Finally only we know whether we are making use of it wisely or we are abusing it. Whichever it is we reap the results of our actions.

23-A journey by train

The house in which I lived before was near the railway station. Trains used to pass by at regular interval and I had become so familiar with their sound and sight that I took little interest in them. It never occurred to me that I might make a journey by train some day. However, when my father decided to take up a new appointment in the place where we now live, it was decided that we should travel by train. It was only then that I discovered how pleasant a journey by train might be.

My father, mother and I boarded a train one afternoon. As the train moved out of the station, I began to think of the days I had spent in our old house which I could still see from the train. But soon the house went out of sight, and I began to think of my journey itself.

The train was now moving quite fast. The first thing that impressed me was the beauty of the landscape. There were green valleys. Tropical plants could be seen everywhere. In certain places there was tall grass. All this reminded me of the geography lessons I had in the class room. Several palm-oil and rubber plantations could be seen now and then. Sometimes I saw a few houses here and there. I also saw many vegetable gardens at several places.

The train stopped at many stations, and soon it became dark. But sometime later the moon appeared and the landscape looked romantic. As I looked outside, I felt a thrill of admiration for the great artistry of nature.

Inside the train, too, everything was interesting. Some restless passengers moved about aimlessly and their restlessness was amusing. Some were sleeping with their mouths wide open, into which some mosquitoes blundered. Others were reading magazines and newspapers. Occasionally, the ticket-checker passed by. At one corner I saw two policemen keeping a close watch on a man who was hand-cuffed.

At every station a few passengers alighted from the train while a few boarded it. Whenever the train stopped at a big station, I saw a large number of people on the platforms, smartly dressed, and often smiling. As the train moved out, many waved their hands and the passengers too waved in response.

After we had passed several stations, I felt sleepy and closed my eyes. When I opened them, I saw the dim light of the dawn. I looked outside and saw the mist-covered plants. The air was fresh, and some birds were flying about. The scene looked extremely beautiful and I was lost in admiration of it. But we soon arrived at our destination and my enjoyment came to an end.

24-My school

The name of my school is Oxford English School. It is situated in the middle of the town I live in. it is a very large school.

The school building is old but beautiful. There are many classrooms in it. The Principal is a middle-aged European. He is a kind and very efficient man.

The teachers of my school are of many races. Some are Chinese, some are Malay and some are Indian. There are also a few European teachers. They are all very clever and hardworking teachers. All the pupils like them very much.

As there are many pupils in my school, the library, the play ground and the hall are all very large. Pupils may be seen learning in the library, playing in the playground or performing gymnastics in the hall with great interest.

I am indeed proud of my school.

25-Why I Enjoy Reading

A book may sometimes appear to be a boring object that people read only when they need information. Actually, that is not really true. However, when I was young I had the impression that books were boring.

Today, I have discovered how books open new doors to experiences. I read not only to gain information but to keep me from being bored during my free time. I read to entertain myself. When I read, I become part of the book and its adventure. I let the story I am reading take me away into another world, the world of fantasy. If I am reading about Knights and Dragons, I can experience the character's feelings as I read the story. I can imagine myself living as a knight in shiny armour or as the fearful dragon. In science fiction, I can imagine myself as a robot from the future or the heroine who saves the day.

Reading brings out my emotions because a story can make me depressed or extremely happy. I enjoy being moved by what I read. Being totally involved in a good story or mystery not only makes my free time interesting. It also helps me to forget the stress of having to study all the time.

I remember a good friend of mine telling me that books are a wealth of knowledge. After picking up reading as one of my favourite pastimes, I can't help but agree with that.

26-Forest is disappearing but needs to be saved.

After the Industrial Revolution, natural resources have been exploited such as fossil oil, forest, mineral, clean water and so on. The space of exploitation is much faster than ever before. We use them to boost our living standards. However, most of these resources are non renewable, that means, if they have been depleted, they cannot be recovered anymore. In my point of view, among these natural treasures, forest is the most important one that we have to do our best to maintain its integrity. It provides a complex and balance living environment that keeps biodiversity and gives us a circumstance that we can definitely learn a lot from it.

First of all, as we know, there are usually a lot of countless fauna and flora in forest. These organisms interact with each other and consist of complex food chains. If some species are extinct, it may cause the influence on other species directly or indirectly. In the end, it may affect human living. For example, with the deforestation, owls become endangered. Their disappearing increases the number of sparrows. These sparrow forces reduced the amount of corps harvest.

In addition, there are many amazing characters in creatures. These distinguishing aspects can be implemented in to our live. People can learn more by observing and studying these creatures in forest. For example, the streamline body of fish helps scientific engineers to invent the shape of planes. The feature of streamline shape is good for reducing resistance from water or air.

To conclude, people may use resource to benefit their living, however, maintaining the existence of the forest not only avoids the imbalance on biodiversity and biosystem but also provide us a place to study more details from different organisms. As the reasons that I mentioned above, forest is an important natural resource that we should try our best to maintain it.

27-Young people should prefer living in the city.

According to my opinion young people should prefer living in city because of the many reason. Lets take an example of a young couple who wants to start a new job and new family together. Starting professional life and family life would be easier in city as compared to rural area because of the following reasons:-

Plenty of jobs available in the city: As there are plenty of jobs available in the city it will be easier for them to find a suitable job. But in rural area there are very few jobs.

More social life: As we can see that city is full of other people around it will be easier for the couple to make new friends. They can even find some good neighbors and become friends. Whereas in rural area it is very rare that you can find people to even talk.

Convenient to commute: In the city there are plenty of places where you can go just by walking, there is no need of parking a car.

Public transportation: As I have seen, there are plenty of options available in the city to commute like Bus, Trains, Subways . By using cheap public transport a new couple can save lots money which they would have wasted if they have used there own vehical to go here and there.

Closer to events happening in city:- I believe that City is the most happening place to live because many concerts and events happens in the city which you would like to attend on a regular basis. Whereas if you live in suburb you will have travel to the city to attend the event, which is again a time consuming thing to do.

More time for kids and family:- By living in the city you will not have travel much as you will be near to you job and the time saved you can give to your kids and family.

Good opportunity education:- Later on when there kids grow up they will have more and better educational institutions in the city as compared to suburb.

Good facilities like Mall, medical, Market:- City is full of shopping malls, Medical centers which you can take benefits of.

But for the retired people I would suggest that they should prefer living in the rural area because they have easy going life style in the rural area. Because they don't have to worry about jobs since they are retired, They can just sit back relax in quietness of rural area. They are retired so they don't have to commute here and their that as compared to the young families.

28-Cricket

Cricket is the national game of the English hence its cradle is England. But now it has spread in many countries. Cricket has become the most popular game in Sri Lanka too.

When we walk on the streets of a town on a holiday, teenagers as well as small children are seen playing cricket with soft ball and a home-made bat in whatever the limited space available for them, very often creating a menace to the pedestrians. The same situation prevails everywhere in the country.

On the days of big international matches not only the boys and girls, but also the elders stop their work and sit in front of television enjoying it from the beginning to the end. On such days, streets are scarce of people and even three-wheeler taxis are very rare to be found on the streets. Hey all have become a kind of cricket conscious community and the names of great cricketers are enshrined in their hearts.

29-A visit to the zoo

Last Sunday it was cloudy. I along with my friends visited the zoo. As we reached near the main gate of the zoo, we saw a huge crowd. Some were buying entrance tickets, some were gossiping and chatting other were relaxing under the shady trees.

We entered to zoological garden and came across a beautiful lake in which some water-birds like ducks were swimming. Seeing the white ducks on the smooth surface of water is a charming sight. As we moved, we came to the enclosure in which flying birds (fowls) were kept. They ranged from sparrows, eagles and parrots to pigeons of various colours. The birds were chirping. It was an enchanting music. We enjoyed it very much.

In the next enclosure were kept-lions and leopards tigers and tigresses, whose roarings were deafening. We approached the net, a lion rushed towards us and we were frightened. Their fierce looks were frightening for us. After seeing this, we came across a garden in which stags very smart and beautiful. In one of the corners monkeys were jumping. Their tricks and pranks were very pleasing. Some people threw food grains to them and they immediately jumped down the trees in order to eat them. Some children were making faces at them.

Our next halt was at an aquarium in which we were most interested. A large number of the fishes were kept there. There were fish of many species and colours. To see them fidgeting in water was really a delightful spectacle. There were many other aquatic animals. Just by the side of this enclosure we came across polar bears who looked sad and deserted.

It was the place of black bear which attracted a mammoth gathering. The bear was playing many tricks which thrilled the spectators. Some people offered him eatables which he gulped at once.

The zoological parks are so vast that it is very difficult to describe all the departments and enclosures fully. When we took a complete round of the zoo, we relaxed for some time in a cool and beautiful garden inside the zoo. The fragrance of the flowers was tremendously soothing. Then we had some snacks and drinks which refreshed us much. It was evening and the sun was setting. We came out of the zoo like many other visitors. We boarded the bus while casting our last and side by the old but majestic wall of the old fort, which, no doubt, added to the beauty and grandeur of the zoo.

More zoos that imitate the natural habitat of animals should be set up to save endangered species like the tapirs and the pandas. The zoo should have wide spaces, ponds and pools for the animals to roam. At the same time, existing zoos that have animals that cannot survive in captivity should take action to allow these animals to return to the wild. One example is the orangutan in Sabah. A sanctuary has been set up in Sepilok to help them procreate and survive.

Many countries have attempted to help animals by proclaiming various birds and animals either as national animals or as protected species. A ban has been imposed on the shooting of these animals and the culprits are fined heavily or may be even imprisoned.

Animals have the right to live just as humans. Therefore, we should take every step to preserve them and ensure their survival.

30-An Unforgettable Incident In My life.

It is a rainy day. My mother and father went to my grandfathers house. I am alone in our house. The time was 7.00 p.m. The light went out. The house was full of dark. I went to kitchen and found a box of matches. Then I lightend a lamp. The wind was blowing and the windows were open. I was afraid.

The time was 8.30 p.m and some one knocked at the door. Then I went to near the door and I saw the out side from the hole of the door. No one is there in the out side. My eyes were closed and I wanted to scream. then I cried very loudly. “Nelu Nelu why are you crying” some one talk to me behind from me. My ears, my eyes and my mouth also open and I thought she is a monster. My legs and hands were locked and I sat on the floor. After I looked behind. Oh! she was not a monster she was my best friend Ureka. I asked “how are you enter the house”. “Oh! look at there the windows are open” she said. Then I laugh at her and wait till my parent come. That is the unforgettable incidrnt in my life.

31-Waterfalls

Waterfalls are unique creation of nature which exemplifies it?s true beauty. Enriched with a plethora of natural resources. Sri Lanka boasts approximately three hundred and fifty waterfalls.

In comparison to other countries Sri Lanka is rich in it?s aquatic resources. Most of the waterfalls in the island have been identified by now. Sri Lanka could be considered as the country having the most number of waterfalls. In terms of it?s Geographic extent. The destruction of forests have cost a lowering of the rainfalls resulting the drying of natural springs which has become a severe threat to the existence of these waterfalls. By initiating steps to conserve rain forests and keeping the environment clean this valuable asset of nature could be preserved for the next generations.

Due to various nefarious activities practiced by mankind valuable natural resources such as these waterfalls are windingly at a rapid pace. It is our bounden duty to preserve these natural gifts for the generations to come with such an utmost cause in my mind. I explore the waterfalls in Sri Lanka capturing it?s glamour in order to give a truly unforgettable experience to the enthusiasts of nature as well as to others.

Through this web site it has enabled public who are unaware of the waterfalls in Sri Lanka as well as those who have not been to such places the necessary information of the waterfalls and their locations. They have the privileged to download the videos and pictures capturing the glamour of its true beauty.

However these waterfalls are excellent creations of Mother Lanka. I wish the Sri Lankan Waterfalls will remain ever so long soothing the minds of both local and foreign tourist.

32-Child Abuse

Children are our future generation. They are important to develop our country in future. But today children are faced with many difficulties. Some parents gave siver punishments to children, they do not give enough food for their children. Some children work in the shops and they carry heavy items. Some children work in the home as a domastic servents. Some parents niglected their children, get them looked after the younger sisters and brothers with out sending them to them to school and burning with fire or iron rods. Today in our country government orgernizations are protecting children.Docters give free medicins for them and orgenized awareness programes.some orgernizations like unicef were help to protect poor children. Lawyers give legel advices and appearin couts for children abuse and child labour etc. Polic are taking people in to custudy for child abuse and labour. Please protect children as your eyes.

33-Gift of the nature

Trees are gift of the nature to man., Because trees help us on birth to death in our life. We can get many valuable things from trees. Special one is food. People can get water, fuele, fresh air, timber, cloths and fruit from trees. When we grow more trees we can get rain and water we need. Trees help to block soil erostion and trees give cool environment and shade for us. We can make houses furni-ture and fittings from timber. Trees are preceious to get medicine. Trees help to clean our air . They take in carbon dioxide from the air and release oxygen. This is very precious for us. Because living things breathe in oxygen.

But today people destroy for trees. But we can protect trees., Because we can't live with out trees. Because of that please protect trees as your eyes.

34-Computers today

Computers are referred in the press, on the radio and television. They appear in films and books and now have invaded all walks of life. It is true that we should not miss the catch up with our environment, economic, social and cultural and so we should permit computerisation at all level.

If a developing nation has to invest in this technology, we must have a good set of reasons. Let us try to answer basic questions like (1) What is a computer? (2) What can it do? (3) How can one communicate with it? (4) What are the implications of computerisation over a short as well as a long period time?

A computer was created for computing fast-a purely mathematical function. Today they are used to forecast the weather, to operate machines, to cut steel to size and even to guide a space craft to the moon. Computer help to trace criminals, are used in the airlines-the whole world of airlines functions efficiently with its help. Hotels make use of them from managerial capacities to kitchen and companies use them for accounting, invoicing, etc.

Thus, a computer is a data processing device which acts upon data coming to it in all shapes and sizes. It deals with the science of information processing, invoicing, recording, manipulating, and retrieving information. Computers are electronic devices, all information stored as patterns of electrical pulses. A computer has to be programmed as per the requirement either to guide a missile or to write poetry.

In the years to come, energy efficient technologies will be at a premium;the micro processor as the key machine will lead the industry. It could easily be concluded that in the long run, "Computerisation on a large scale would become essentially a matter of survival."

Hence, it is essential to bring an awareness of computers among the common people.

35-Mobile Phones - a great invention?

Mobile phone is a good technology which is not lacking from our lives. This report will discuss the advantages and disadvantages of using mobile phones.

Today, mobile phone has become popular to everybody since it is very convenient. The most advantage of having a mobile phone is you can communicate to your family and your friends no matter what where you are. For instance, you can contact easily to your friends by calling or sending messages everywhere without electricity. It is maybe the main reason why almost all people today choose to own a mobile phone. From the customer's point of view, it is obvious that mobile phones assist you in business a lot, such as, make schedule of working, surf the internet, and keep in touch with their companies. Moreover, you can relax with mobile phone's applications, for example, play games, listen to music, or chat with your friends.

On the other hand, there are also disadvantages. Using a lot mobile phone can harm your brain, particularly teenager and children who are under 16 years old. If you use mobile phones too much, you will get bad effects like dizzy, blood-brain barrier, or ears problems. In addition, when you use mobile phones while you are driving, you will get an accident. It is essential not good for you and others. Moreover, "radiations emitted from the phone are dead harmful for the eardrum", has proved by many scientist.

Owning a mobile phone in your hand is you can solve many issues and hold most of information around the world. Even though is not good for your health and you have to protect yourself from bad effects of mobile phones if you choose to have one.

36-Smoking

Let me deal with the three positive sides of smoking. Firstly, smoking certainly helps many people to relax. For some, it even improves concentration. If someone is upset owing to debt or they have exam, like to smoke to reduce the pressure or tension. Most of the people like to smoke when they are relaxing with friends. Secondly, governments throughout the world make huge profits from taxes on cigarettes. The income obtained from taxes provide funds which are used for building school, hospital and public places such as parks, gardens, sports ground and foot paths. Thirdly, tobacco industry also employs tens of thousands of people all over the world, particularly in poorer countries like Zimbabwe or India. Without cigarettes, these people would have no jobs.

Despite these positive effects there are lots of negative effects of smoking too. Initially, smoking has been proven to be too dangerous for health. As one cigarette contains more than 4000 chemical substances, therefore, it causes for many dangerous diseases such as heart attacks, asthma, bronchitis or lung cancer. According to a recent report, in Britain about 3,500 people are killed each year in road accidents and 120,000 are killed by smoking. Furthermore, smoking costs governments millions of dollars because of the large number of people who need treatment in hospitals for smoking-related problems. Moreover, passive smoking is a major concern today. Recent research shows that non-smokers can suffer from health problems if they spend long periods of time among people who do smoke. In UK children whose parents are smoke are three times as likely to start smoking themselves _.

In short, I think the world would be a better place without cigarettes. However, the decision as to whether _ smoke or not should be for each individual to make. I suggest that people should not smoke in a room or a place where there are non smokers, however they should be free to smoke elsewhere.

37-My first day at school

My mother accompanied me to school on the first day. Other parents accompanied their children as well. We all waited in front of the school office.

Soon a teacher came and led us to some classrooms. There we were put into four separate classes. This was when some children began to cry as the parents were not allowed into the classrooms. I did not cry because I had been to kindergarten before. Actually my mother went home soon after for she knew I would be all right.

It was an enjoyable time for me as I got to know my new classmates. The teacher was very busy writing down our particulars so we had plenty of time to ourselves.

Meantime some children continued to sob while their parents looked in anxiously through the windows.

Soon recess came. Some of us headed for the tuck-shop while the rest headed for their parents. I bought a drink with the money my mother gave me. Getting to know my new friends had made me thirsty.

After recess we went back to our classroom and my new friends and I managed to coax two boys to stop crying. In fact, soon we were laughing and playing together. Once in a while the teacher had to tell us to keep quiet as we were making too much noise.

Still some parents looked in anxiously through the windows.

Finally the bell rang for us to go home. Some of us were very relieved to be reunited with our parents. I too was glad to see my mother waiting for me at the school gate. I had made many friends. It had been a wonderful first day at school.

38-Newspapers

Life without newspaper is difficult to imagine. It is the first thing that we look for every morning. It brings us news and views from all corners of the world. Any event or occurrence of importance that takes place is reported by the newspapers.

The newspapers carry information for everyone-businessman, politician, unemployed people, players and kids etc. It widens knowledge, keeps one abreast of all advances made in the fields of science, education, medicine and technology.

Newspapers are important pillar in a democracy. A free press not only makes people aware of the views and policies of government, but also of their rights. It keeps the government informed of people's wishes, desires and aspiration can be expressed.

Newspapers keep us in constant touch with news, developments, changes, advances and occurrences in each nook and corner of the world and at a very little price to the reader. It's popularity gives it immense power in molding public opinion.

Unfortunately most newspapers have vested interests. They are owned by capitalist and have to toe their line. Some newspapers are organs of political party. Their loyalty to the party is greater than sense of fair play.

It is essential to cultivate faculty in the readers, so that they do not believe every word of news. The newspaper should also have a very strict code of ethics to which it should conscientiously adhere to.

39-Road safety

Everyday many people are involved in road accidents. Some are killed. Many more are injured or maimed. So it is important for us to learn to use the roads properly and safely. No sane person would like to be involved in an accident.

As the roads are very busy nowadays, we should be very careful when crossing one. It is safer to use a pedestrian crossing or an overhead bridge whenever one is available. Never cross a road by dashing across it. That is inviting trouble. If there are no crossings, then we must look carefully right and left and cross only when it is safe to do so.

Some of us take the bus to school. It is important that we do not try to get on or off a bus while it is still moving. I tried to get on a moving bus once. It dragged me a short distance and nearly ran over me. I was lucky to escape with only some scratches on my legs. Also we must not fool around while in the bus. A sudden lurch can send us knocking our heads against something hard.

Using a bicycle can be dangerous too. We must pay attention on the road and never cycle too far out to the middle of the road. We must obey all traffic rules. Also we must make sure our bicycles are in good condition with working brakes, lights etc.

These are some things we can do to avoid accidents. However there is no guarantee that we will never be involved in one. The important thing is to stay alert at all times while using the roads. We must know what is happening around us. In that way we can take necessary action to avoid danger whenever we see one. Road safety is very much up to how we use the roads. Use them carefully and we may be able to use them for a long time. Use them carelessly and we may never be able to use them again.

40-An Accident

The road in front of my school is a narrow one. It is also very busy. Every afternoon when school is dismissed the road becomes almost impassable as children, bicycles, cars and buses jostle and struggle to use it. Sometimes a policeman is there to help things out, but generally chaos reigns and we have to be careful not to get involved in an accident.

A few accidents had already occurred. I was a witness to one.

It happened just after school. As usual the road was an utter mad house. Children were running across the road to get to their cars and buses. Cars and buses honked angrily at them.

Just then I saw a young boy make a dash across the road. There was a loud blare of horn, a squeal of brakes and I saw a car knock into the boy. He fell as though his feet were swept from under him.

Fortunately the car was not moving very fast and the driver managed to stop the car before a wheel could run over the fallen boy.

All traffic stopped. I ran over to the boy and saw blood on the road. He was bleeding from a cut on his head. A man came and examined the boy. Then he lifted the boy and carried him to a car. They sped off, presumably to the hospital.

Many people surrounded the driver who looked dazed and bewildered. A policeman came to calm things down.

As there was nothing I could do, I turned and walked down the road carefully. It was terrible to witness an accident. I certainly would not like to be involved in one.

41-My Classmates

There are about thirty-eight students in my class. We spend a lot of time together doing our projects, homework and going on school excursions. It is no wonder that some of my best friends are my classmates.

I would generally describe my class as a mirthful bunch. Of course, there are several quiet classmates like Abdul and Abdulla, who prefer to keep to themselves than join in our boisterous behaviour when the teacher is not in class. I sometimes wonder how they are able to block out the noise because we can be most annoying during those times.

The thing I admire most about my class is our ability to work harmoniously together. Co-operation is one of our strongest points as a class. For example, we are supportive of our own classmates who take part in the annual sports meet and swimming carnival. Our classmates who participate, in turn, would get fired up by our constant cheering and encouragement and do better in their events. As a result, our class is always in the top three positions for best athletes.

Our teamwork paid off at the recent inter-class art project competition too. The competition not only tested our creativity as a class but it also tested our ability to work well with one another. We managed to put our brains together and for three months, we worked hard on the project. We were given the silver medal or second place in the competition. Our project is now up for the inter-school art competition, which makes us really proud.

The only thing that makes me sad is that our class will not stay together for long, since we will all go our separate ways after primary six. However, I look forward to future class gatherings and barbecues.

42-Friendship

Men were born to live in a community. Willy-nilly, they have to live with the others and in their relations they often seek for the company whose interests, characteristics, tastes are similar to theirs. Therefore, we can judge fairly exactly a man by his contact with his friends. "A man is known by the company he keeps", so runs a popular saying.

In fact, many examples can be used to verify the above saying. Ba is a lazy student. He always neglects his study, wandering day in day out from casinos, dancing-halls to pubs and karaoke shops; so does his intimate friend Tu, the laziest student in his class. On the contrary, Dung, the most intelligent and industrious student in the class likes to make friends with those who are keen on learning and competing in their study.

In brief, fools always avoid the company of scholars, writers and poets whose friends are educated men and women. The English saying: "Birds of a feather flock together" justifies this truth.

It is obviously true that friendship and environment exert a great influence upon men's minds, temperament and behavior. Formerly Meng Zi's mother had to move her family to several places in order that her son might not be influenced by unpleasant surroundings.

The above statement, however, has not always got an absolute value. A man with an unyielding spirit and will cannot be easily corrupted by whatever bad environment in which he is living.

In our present society, many government officials who are living in dire straits still remain honest and noble, ready to refuse bribes or abuse public properties. Their lives are just like those of lotus flowers which grow in mud but still keep their everlasting fragrance.

In conclusion, we had better not forget the Vietnamese famous saying: "Close to the ink, you will be blackened; near the lamp, you will be lit up". Be careful not to frequent bad friends but always but always seek for good ones in our daily communications.

43-The importance of physical exercise

Each of us has a physical body made of muscles, blood, bones and various other living tissue. When any of these are injured or not working properly then we get ill. Nobody likes to be ill. So it is important that we keep our body healthy.

Exercising the body is one way of keeping it healthy. If we do not exercise then our muscles become weaker and we are less able to do things properly. Also the bones can become weaker and thus break easily.

There are many types of exercises that we may participate in. We may play badminton, football, netball or whatever games that we prefer. We may also jog, walk, swim or climb a mountain. Older folks prefer less strenuous exercises like Tai Chi, Yoga or a leisurely stroll in the park. For the really fit young people, there are rock-climbing, gymnastics and other physically demanding activities.

We exercise to keep the body healthy. However there are some who overdo things and end up injuring themselves. It is fine to jog for a few kilometres. It is madness to jog until we are exhausted. Also they are people who become addicted to their exercises. They become unhappy when they are unable to exercise or when they lose to someone in a competition.

Exercise is important. No exercise may result in a weak body. Too much exercise may result in injury. Neither extremes are good. It is up to us to be sensible in exercising.

44-Danger at home

Our home is usually our favorite place to spend time in. However many accidents occur at home. There are dangerous things in the house and we should be aware of them. Thus we can avoid unnecessary pain or injury.

Electricity runs many of our home appliances. It is a very useful thing. It is also a very dangerous thing if used carelessly, for it can kill. Electrical sockets and power points are to be handled with utmost care. Young children should never be allowed to go near them. Unless we are very sure of what we are doing, repairs should only be done by a competent electrician. It is only too easy to get electrocuted. Old or faulty appliances should be discarded. If used, they are likely to start a fire somewhere or kill someone who touches it.

The kitchen has many dangerous things. Sharp knives can draw blood, mishandled gas-cylinders can explode, hot water can scald and stoves can cause nasty burns. Flies and rats can contaminate food. Thus the kitchen is not a place to be careless in. If we are careful and know how to handle things there, then the chance of an accident occurring is lessened.

The biggest danger in a bathroom is when the floor is slippery with water or soap. I have heard of many incidents of people, especially old folks, falling in the bathroom. Sometimes the fall is fatal. Often it leaves the victim bedridden. Utmost care is needed here.

Finally the medicine cabinet should be inaccessible to young children. Dangerous drugs and pills can look like sweets to these young ones. If taken, the consequences can be disastrous.

Other dangers do exist. It is up to us to watch out for them.

45-My favourite time of the day

My favourite time of the day is between 5 p.m. and 7 p.m. This is the time when the sun is setting and the air is cooling down. At this time I either go for a stroll, play some games or sit quietly watching the activities around me.

Sitting quietly doing nothing in particular is what I like most.

The compound surrounding my house is a fairly large one. So my father has planted many trees in it. Birds of all sorts come to the trees in the evening to sing their sweet songs. I just sit under my favourite rambutan tree and listen to these lovely songs.

However I cannot just sit quietly all the time. My parents sometimes ask me to mow the lawn or help them in some gardening tasks. These I do gladly for the air is nice and cool. Working under a hot sun is one thing I do not like. In the evening the sun is soft and gentle. It is pleasant to potter around the garden then.

Other times I might go out for a stroll or play games with my friends.

Again it is pleasant to stroll around or play games when the sun is not hot in the evening. In fact many people come out of their houses to breathe in the cool evening air and to relax a bit, unless it is raining. This is the time of the day when the playing fields, parks and other recreational areas are filled with people. I guess it is not only my favourite time of the day. It is many people's favourite time as well.

46-An unforgettable experience

Carrying a passenger on a bicycle is an offence punishable by law. Everyone knows that but still some of us do it. I had done it many times before until something happened to teach me never to do it again. It was not the police. Rather it was an unforgettable, and unpleasant, experience.

It happened one evening when my friend Segaran and I wanted to go and visit another friend who lived some distance away. I had a bicycle. Segaran did not. So, as usual, he sat side-saddle on the horizontal bar of the bicycle while I pedalled. We had done it many times before, so it should not be any problem.

Near my friend's house, we got onto a gravel path made slippery by the recent rain. Still we managed to wobble along, thoroughly enjoying the rough ride.

As we passed by a stream, I made the mistake of going too near the bank. The rain had softened the soil and it could not hold our combined weight. One moment we were going along merrily, the next we were tumbling head over heels into the stream as the bank gave way beneath us.

Splash! Splash! Splash! We plunged into the river bicycle first, followed by Segaran, then me. Normally the stream is only a few centimetres deep with clear water. When we fell in, it was a metre deep with foul black water. The water prevented us from getting badly injured but we also had to pay the price of gulping some of it. It tasted horrible. Segaran got the worst of it for being sandwiched between the bicycle and me, but it was not too bad. We had only a few cuts and bruises. Our pride was far more hurt.

We retrieved ourselves and the bicycle from the stream. We were both dirty and soaking wet. Obviously we were in no condition to visit anyone. So we decided to go home.

We walked all the way home. I had to push the bicycle because its front wheel was bent out of shape. From that moment I vowed never to carry anyone on a bicycle again. Never again do I want to be dirty and wet with cuts and bruises all over my body. Once was enough.

47-Power failure

One evening just as I was getting ready to watch a cartoon show on television, there was a power failure. The television set just went blank, the lights went off and the fan slowed down and stopped. As it was getting dark, I hoped that the power would be restored soon but it was not to be so. Soon darkness enveloped the neighborhood. We hastily lit candles so that we could find our way around the house. As we had only three candles, my mother sent me to the sundry shop nearby to buy more.

"Sorry, no more candles", was what the shopkeeper told me. The neighbors had bought up all the candles. At home my father managed to dig out two kerosene lamps. We lit these too and kept the darkness out.

Without the fan running, it was oppressively warm. Furthermore there was nothing to do but wait for the power to come on again. All of us sat quietly in the living- room. We had grown so dependent on electricity. Without it we felt so uncomfortable. I used a book to fan myself.

Finally it was time for bed and still there was no power. Nevertheless I groped my way to my room, changed and lay quietly in the darkness. It felt so strange without the familiar lights around me. Anyhow I fell asleep after a while.

The power came back on only at dawn. By then we did not need it anymore.

48-Places I like to visit

First of all, I would like to visit the moon. By the time ordinary people can visit the moon, I will probably be very old or dead. Anyhow it would be quite an experience to walk on the moon. It is said that there is no air or water there and our weight is many times less. I certainly would like to see how high I can jump and how fast I can run on the moon. These are all wishful thinking, of course. To be realistic I can only visit places on earth. There are the Seven, and other, Wonders of the Earth and I like to visit them all, if possible. After hearing about the marvels of The Pyramids Of Egypt, The Great Wall Of China, The Taj Mahal, The Leaning Tower Of Pisa, The Colosseum Of Rome, Stonehenge in England and others, it would be great to actually be there and experience these things first-hand.

However, before all these places, I would like to visit Disneyland first. Which kid would not like to? There are so many things to see and do. It would be great fun.

Right now I cannot visit any of these places. The first reason is the lack of money. The second is I am too young to go on my own and I do not know anyone rich enough to take me there.

So they remain places I like to visit. Who knows, I might get to visit some or all of them in future, or not at all. Only time will tell.

49-Ways of improving my English

Today, English is used widely. It has become the most popular language of communication between countries and in many fields of human endeavor. So it is important that we learn to use English. Otherwise we will be at a disadvantage.

The only effective way of improving my English is to use it, as often as possible.

In school, the only time when English is used is during English lessons. That certainly is not enough. So wherever possible I speak English with some friends and teachers who will or can speak English with me.

Reading book, magazines and newspapers are good ways of improving my English. On the whole they are grammatically correct. We may speak incorrect English and get away with it. Not so with printed words, they have to be correct. Through reading, I learned how to use correct English in writing and speaking, though at times I still speak the broken English that many of us speak here.

Watching television and listening to the radio are two more ways of improving my English. English as it is spoken by the English, Americans, Malaysians and others are distinctly different.

So I continue to use English, that is, hear, read, speak and write it. Some of my friends only hear and read it. They can hardly speak or write it, but I will not be like them. I will try my best to master it.

50-Teachers' Day

One day every year, we celebrate Teachers' Day in honour of the teachers who spend so much time teaching us so many things.

This year, Teachers' Day began with a school assembly in the hall where the headmaster delivered a speech. After that we adjourned to our classes, not to have lessons, but to enjoy ourselves.

My classmates gave a small party for the teachers who taught us. Each of us contributed a small sum of money to buy cakes, drinks and other titbits. On that day we arranged the chairs and desks so that they surrounded an empty space in the middle of the classroom.

So began a round of eating, drinking and playing games with the teachers. Most of the teachers were very sporting and we thoroughly enjoyed ourselves. It was so different from having lessons.

The other classes gave parties too. So the teachers had to move from class to class and participate in the fun. I would think that this was quite tiring on the part of the teachers but they managed it. After all it was their day to enjoy and have fun.

One class even gave a short play for their teachers. I did not get to watch it as I was busy tidying up the classroom after the party.

All in all it was a great day. The whole school was immersed in an atmosphere of gaiety. So when the school bell rang for dismissal I felt a little sad that it should end, but end it must. The day was over and we went home tired but happy.

51-Preservation of Wildlife

It is an undeniable fact that wildlife is disappearing from the planet at a catastrophic rate. According to World Wildlife Fund (WWF), the number of birds, animals, marine and freshwater creatures have dropped by almost one-third.

One reason for the decline is man's ever increasing needs and greed that have resulted in habitat destruction. For development purposes, man has felled trees to build dams, highways and towns and this has forced the animals to retreat further and further into the receding forests. Moreover, rapid industrialization with its accompanying pollution and the use of pesticides and insecticides have made survival difficult for a large number of animals and birds. Fishing and even the inconsiderate action of picnickers are driving many fish to extinction. Another reason is poaching. Man's desire to keep animals in captivity or their desire to consume the various parts of certain animals as exotic food has resulted in the disappearance of many animal species such as the sun bear and the tiger.

The above factors are clearly detrimental to the survival of animals and other creatures. Yet, animals and birds are necessary. They are needed to retain the balance in the world of nature. They are also needed for scientific research and experiments that will benefit mankind. Animals are also used by psychologists to study animal behavior in order to understand human behavior better.

So how then can we protect animals and prevent them from becoming extinct ? First, we need to check human greed by preventing man from felling trees unnecessarily. Trees should always be replanted if they are felled. Pollution should be controlled. There should be limited if not zero disposal of solid wastes into the sea. The authorities should ban fishermen from using explosives that destroy many fish. More campaigns should be launched to teach the public on the need to keep our beaches clean.

52-How I spent the weekend

Nothing extraordinary happened last weekend. It was just like any other ordinary weekend.

I got up later than usual on Saturday morning. After breakfast I went over to my friend Arul's house and spent some time reading comics there. Arul has tons of comics. His father buys the latest for him. Being his friend, I get to read them too.

We read comics till lunch-time. Then I went home, had lunch and took an afternoon nap. Taking an afternoon nap is a pleasure that I can indulge in only on weekends. On weekdays I do not have time for it.

The rest of the afternoon I helped my father in the garden uprooting weeds and trimming the hedge. We continued until darkness fell. After that I had my bath and dinner. After dinner I watched television until it was time for bed.

I got up late too on Sunday morning. For breakfast I had cornflakes with milk while listening to the radio. Then I spent the rest of the morning doing homework.

Again I took a nap after lunch. Then I finished up my homework.

By the time I was done with the homework it was already evening. So I took a stroll around the neighborhood. It was a great feeling to be able to relax after all the homework had been done.

After dinner, I packed my books in my bag and went to bed early. I had to get enough sleep otherwise I would fall asleep in school the next day. Thus ended yet another weekend.

53-My Hobby

My hobby is reading. I read story books, magazines, newspapers and any kind of material that I find interesting.

This hobby got started when I was a little boy. I had always wanted my parents to read fairy tales and other stories to me. Soon they got fed up and tired of having to read to me continually. So as soon as I could, I learned to read. I started with simple ABC books. Soon I could read simple fairy tales and other stories. Now I read just about anything that is available.

Reading enables me to learn about so many things that I would otherwise not know. I learned about how people lived in bygone days of magic and mystery. I learned about the wonders of the world, space travel, human achievements, gigantic whales, tiny viruses and other fascinating things of our world.

The wonderful thing about reading is that I do not have to learn things the hard way. For example, I do not have to catch a disease to know that it can kill me. I know the danger so I can avoid it. Also I do not have to go deep into the jungle to learn about the tiger. I can read all about it in a book.

Books provide the reader with so much information and facts. They have certainly helped me in my daily life. I am better equipped to cope with living. Otherwise I would go about ignorantly learning things the hard way.

So I continue to read. Besides being more informed about the world, I also spend my time profitably. It is indeed a good hobby.

54-Things I like to do

I like playing the guitar. Though I am not very good at it and am still learning, I can play some tunes. I spend quite a lot of time playing the guitar so much so I get scolded sometimes by my mother. I suppose I do tend to spend a bit too much time with it. Anyhow, playing the guitar is very enjoyable. I also like taking evening walks around my neighborhood. In the evening the air is cool and refreshing. The children are busy playing and the neighbors are friendlier. So I take leisurely strolls, sometimes stopping to play with other children and sometimes stopping to chat with the neighbors.

Another thing that I like doing is getting up late in the morning. During weekdays I have to get up early or I will not get to school on time. On Saturdays, Sundays and holidays, it is so pleasurable to just lie in bed in the morning without having to get up and hurry to school. Again I tend to lie too long in bed and my mother has to come and tell me to get up.

Listening to the radio and watching television are also things I like to do. Of course I do not listen and watch everything. I only tune in to my favorite programmes and enjoy myself while seated on my favorite chair.

There are other things that I enjoy doing too but there seems to be not enough time to do them all. So I generally just stick to doing those I mentioned plus any others that I have time for.

55-The advantage and disadvantage of the Internet

The Internet has provided great benefits, but at the same time it has also created new problems and inequalities. What's your opinion? Use specific reasons and examples to support your answer.

No one can deny the benefits from the Internet as it helps us a lot in our life. However, the Internet also has many stints and caused many problems to people.

For one thing, while we can get the latest news from the Internet fast, we have to deal with a situation that these information is not arranged organizingly and sometimes the information is not true. For example, when I have to find some information about protein, I search it on Google and there are a large number of websites with the same information, even some of them provide the wrong one which is completely different from my textbook.

Besides, when surfing the Internet, people often worry about personal information leaking, spam or junk mail. For instance, you want to buy some goods online, you have to provide some of your information to the website so that they can deliver them to you. Maybe your information is hacked and the hackers can use it for much bad purpose like buying other things using your account...Your e-mail box can receive some spam that you don't want and you feel unsafe when you think that a person is following you in some ways.

Furthermore, although we can use the Internet as a means of entertainment with a lot of interesting things like listening to music, chatting, some of them are really time-consuming and harmful to your health. When you are addicted to chatting, game online, it is hard to give it up. A few years ago, a Korean student spent more than a day sitting in front of the computer playing computer games, when his parents looked for him, they found out that he had died in his room, which was a sad story.

In conclusion, I think people should balance the time using the Internet and ensure that it does not do any harm to you.

56-My village

My village is called Pitakumbura. It's very small rural village situated in Uva province, Monaragala district. There are many paddy fields around my village. In my village we can see many kinds of birds, little jungles, cows and mountains. . There is also a little school, post office, Ayurvedic hospital and a fair in our village. Every Tues day people go to fair and sell their vegetables, fruits or other things and they will get some ornaments for their houses ornerments. An ancient temple built by King Kawan Thissa can be seen in our village. I am very glad to live in our village because of it's beauty and peaceful and quiet villagers.

57-My class teacher

My class teacher is a charming lady. She is of fair colour. Her name is Mrs. X. She teaches us ENGLISH. She is about 35 years of age. She is very kind and always cheerful. She is a nice teacher. She never gets angry when a student fails to learn. She encourages us to learn again and again. She explains our lesson in a simple and clear manner. She is always ready to help us. But she is very strict in disciplined and tidy. She makes her teaching interesting with the help of charts, maps and instruments. Sometimes. she takes us on visit to some interesting places. Last month she took us all to the Zoo.

58-Telephones and email have made communication between people less personal

Do you agree or disagree with the above statements?

Over recent years the communication technologies have been developing with great speed. Their rise came to make communication faster, more accessible and more efficient. Telephones and emails are just small part of the whole process.

In order to make an instant voice contact with the person you want you have to make a phone call. The signals are transmitted by wires which effectively gives you opportunity to connect in long distances. In the same way, emails and Internet have made sharing information much easier through broadband or wireless connection. Despite the fact that we are physically separated from each other, through technologies we have the great possibility to give a call to our best friend or send our homework via email.

However, the big success in information technologies causes society problems between teenagers and people in generally. For example, children have become alienated from each other. In particular, they prefer getting everything easier through Internet than to make an effort to achieve it. As a result of this expropriation some of the children suffer from rejection.

In fact, the same complication can be seen in other seams of society. Even so, these are just few of problems caused by the fast technology development. Sadly, they are all socially connected.

In my opinion, information technology progress is a big step in Human 's developing. Besides that, it's an evidence for people's evolution. And it's not just the the information. Successes have been made in other aspects of science, technology and biological researching. However, those achievements are not warranty for better society. In spite of the fact that everything I've said before is happening and we cannot just close our eyes. I agree that telephones and emails have made people's communication less personal. On other hand I would like to add the fact that we can share and send messages and information almost instantly. Somehow, those complication could be the price we have to pay.

In addition, telephones and emails made our lives easier and communication faster and more accessible, but they took part of society too.

In conclusion, human 's progress is favorable. It's society that causes the problems.

59-Water Uses

The uses of water are many, from drinking and cleaning to irrigating crops and landscapes. Water is used for cooling, for recreation, and dust control. Water is needed for restaurants, most industrial processes, and even some religious ceremonies. On another level, the splash and flow of water in streams and fountains soothes and inspires.

In one way or another, water is a part of almost everything humans make and do. Washing a load of laundry uses 40 gallons, filling a backyard pool takes about 25,000 gallons, growing a pound of cotton consumes 1,000 gallons, while producing a pound of copper uses 20 gallons. All these water demands are met by various supply sources including the Salt, Gila and Colorado Rivers and groundwater pumped from beneath the surface.

60-Teachers are responsible for motivating students to learn

Do you agree with the statement or disagree? Use specific examples and support your points.

I disagree with the following statement; teachers are responsible for motivating students to learn. Although teachers are responsible to motivating students to learn, they can not motivate them to learn at home. Students spent certain time at the school and most of the time they are at home. Therefore parents should play a big role to motivate their children to study well.

At the school teachers do motivate students to learn where they use different kinds of teaching methods. Teachers give students only introductory of the each subject and it's also students responsibility to continue to study on that subject. Motivation is not only teacher's teaching methods it's more than that. Order to study well students need books and other stationeries for study.

Once children are studying parents should provide their necessities for studying. This is one way of motivating their children to have interest to study. Students could have best teacher but it's not enough motivation to study students they themselves should have desire to study and other hand parents to should provide all their needs.

In addition the students also should take responsibilities for their study. They should ask questions from their teachers and search for the answers by themselves and share their learnings with their parents.

In conclusion, when students are studying parents and teachers should have very close relationship and share the responsibilities for motivating them. Espacially parents should be birdge between teachers and students. This way students will be fully supported from both sides and they will be motivated.

61-Bad effects of TV for children

Inventing TV is one of the most important steps of the human being on the way leading to a new world. A person can see every part of the planet where he or she has not ever come. A politician can talk to his or her voters in whole country. We might clearly see many advantages of TV. However, not all of us recognize TV's bad effects, especially on children. In my opinion, I can point out some disadvantages of TV for the children wasting time, passivity and harm to their health.

To begin with, there are so many interesting TV programs that it might be difficult for children to turn off the TV after turning on it. When a show is going to end, and then the speaker will produce another attractive one. The programs are shown constantly. Furthermore, with the development of TV industry, specialized channels appear. Children might use all day to watch Disney channel and do nothing.

In addition, TV makes children passive. Every image and sound is delivered continually. The children just receive the information passively. It will prevent the minds from deeply thinking or creating new ideas. On the other hand, going to parks or doing outdoor activities can raise children's creative ability.

Furthermore, it is very harmful for children if they spend most of the time on TV. There are many diseases caused by watching TV too much. One of them is sort-sighted which is becoming more and more popular in the young. Moreover, watching TV too much might also bring the children be tired or even exhausted.

In conclusion, TV is not entirely bad for children. Therefore, understanding the negative effects of it, parents should help their children watch TV sensibly.

62-Internet, good or bad?

With the rapid development of science and technologies, the Internet becomes much more widely used than before. Some people hold the opinion that much valuable information has been brought by the Internet, while others argue that the information provided by the Internet also have bad consequences. From my perspective, the use of the Internet results in both good and bad impacts.

Admittedly, people are exposed to such a huge amount of valuable information through the use of the Internet. Only by clicking the mouse, people can readily find what they want at the computer, such as buying a new T-shirt, booking airline tickets, or even searching optimal routes. For example, I want to know the best route from my home to the city library. Only by typing in a few words in the google website, there will be several options popping out for me to choose. The options fall into a couple of categories by the types of transportation such as driving, bus or metro, ranging from the most time saving way to the shortest distance way. These routes information is very valuable to me when I make a decision on how to go the city library from my home.

However, not all of the information provided by the Internet is healthy and valuable to the users, some of it may cause serious results. The malicious software is a good example. Once the computers are infected with viruses, they cannot work normally anymore. Even more terrible consequence is that your files stored in your computer may be lost or your confidential information may be divulged.

Each coin has both sides. This saying is true when we regard the use of the Internet. The most crucial thing is not to judge whether the advantage of the Internet outweighs the disadvantage or vice versa but to figure out solutions to the problems raised by the Internet or prevent the potential danger caused by the harmful information on the Internet.

63-MY HOLIDAY

I love my holidays, because they are interesting, amusing and sometimes I go on trips. Below I will tell you about my last holiday.

I liked my Christmas holiday because I met my old friends and went for walks with them. I was very happy when I saw them. During my holiday I did all these things with the exception of the trip because I did not have much free time. I enjoyed my wonderful holiday. At Christmas I was in my home with my parents and celebrated with them, and I got a computer as a present. For the New Year, my parents and I were with some friends of ours. Everyone was happy and excited. We met the New Year with a lot of noise and great excitement. I had a wonderful time with my friends. I also celebrated my name day, which was on 6th January, with my whole family. I spent my holiday in a great way and I enjoyed it very much. I had a really wonderful time.

64-Advantages and disadvantages of watching TV

Nowadays, television has become the most popular media of human kind. It's also the indispensable device in our daily life. By watching TV, we can see many things happened in the surrounding us world, therefore it help us to catch and avoid being dropped back from the world of information. Everyone must agree that the advantages of watching TV are very considerable. But beside those benefits, there are some disadvantages that we must notice to be sure that we watch TV most effectively.

Beginning from the first one, I must say that television is one of the most important invention in transforming information history. From very long ago, people had already known how to transform information in many different ways but only when the first television programme was broadcasted, a new age had begun, the age of image transformation. Television nowadays has been very popular, and almost every family have the access to it. By sitting ideally at home, watching TV, you can get a whole look all over the world. The appearance of television and television broadcasting enriches our entertainments. Many events and competition can be watched "live" and many exclusive movies are presented as well (although it's a bit late in comparison with seeing those movies in the cinema), but all are legal and you're free to enjoy them. In addition, if you want to travel but do not have enough money, I suggest you can enjoy traveling in the TV (for example watching the discovery channel or national geography channel), they're screened 24/24.

Furthermore, the television deserve considered as the unlimited source of information. There are a lot of scientific channel which is suitable for all ages. Those are the fastest and cheapest way to improve your knowledge. Today, Television specializes into many channels, each channel satisfies the different audience's view such as news, sport, and film. So that, we do not have to be a passive viewer. By pressing several simple buttons, you can see your appropriate programme that fit your taste.

Everything contains good side and bad side and television has no exception. Wasting time is one of the inherent disadvantage of watching TV. Let's imagine: if one day, one person spends a hour watching TV without gaining any useful information, then in one year he will waste 365 hours and in 10 year is 3605 hours. With that time, you can learn several language as well as finish some studying course. On the other hand, television programme are not always suitable for all ages. Sometimes, there are some movies contain sexual material and violence which affected the stormy phase of growing of children and teenagers and should not be watched, even by some adults. It will be extremely dangerous if parents neglect their children to discover the TV programme themselves as they will immediately take influence of what they see. To rectify this situation, parents must supervise their children's TV watching throughout their childhood and adolescence period. In the aspect of health, spending hours watching TV is harmful to your eyesight. Why don't play some sport and breathe the fresh air. When your eyes are tired, you'd better let them rest than continue to paste them in the screen.

In my summary, I have reached a conclusion that nowadays, television is indispensable. Although it will be replaced by computer someday, but TV's benefit to our life sill guarantee it as the most important device which people need, in order to be up-to-date.

65-Advantages and Disadvantages of mobile phones.

People often focus on the benefits of the mobile phones and are not aware of its disadvantages, of which there are many.

For one thing, mobile phones often disturb people in public places because of the unawareness of the owners. No one can deny that mobile phones are fast and convenient means of communication, you can keep contact with everyone in the world wherever they are. However, it is also the reason why people tend to have their mobile phones on all the time, which can cause a disturbance when they ring. For example, when you are having a meeting and everyone is paying attention to the speaker, your mobile phone suddenly rings louder and louder. The meeting must be interrupted and you will be so embarrassed with others.

In addition, the use of mobile phones sometimes reduces the efficiency in your study and in your work. We all know that mobile phones are also means of entertainment with many functions to help you chat with friends, listen to music, send messages,... Those always attract people, especially the ones who are teenagers so that they cannot concentrate on their lessons in the class. Statistics show that in many countries, parents draw the line at letting their children use mobile phones to make them learn better.

Mobile phones can be considered as mini-computers with more and more modern generations. They cause a tendency in people all over the world to buy the top-of-the-range mobiles that express their styles, characters, etc. For that reason, each year a large sum of money has been wasted in buying new mobile phones and solving the problems of decomposing the old ones while we can use this money to support many poor countries in the world to make the life of the people there better. It is clear that mobile phones bring a lot of problems to our life.

In conclusion, I think people should learn how to use the mobile phones properly before buying them, which is the mobile culture. Mobile phones are not bad themselves, it just depends on the way we use them.

66-Advertisements

We are surrounded by advertising. Some people think that this is good, because it gives us a choice as customers but others argue that it makes people selfish and greedy for more and more goods. Do you think that there should be less advertising?

Advertisements have raised the rate of purchasing things of customers for years. However, advertisements also have disadvantages that are the reason why we should lessen them.

For one thing, advertisements make the desire of buying things grow up, which sometimes waste a large amount of money. When seeing a poster on the road or a short clip of a girl standing beside a modern car with sweet smiling or a child enjoy a delicious ice-cream, we are informed that if we buy the products, we can achieve success and happiness. These are so attractive that we cannot refuse to buy them, which maybe luxurious and unnecessary for us. We spend a lot of money each year just for nothing useful that can cause some arguments in the families about what to buy.

Moreover, the advertisements are too popular and they often interrupt some of the interesting programs, which make the viewer dissatisfied. Imagine that you are watching a famous film which is loved by people all over the world and every 20 minutes there is a five-minute series of advertisements, you often have to wait when the film is at the most important moment and you are out of spirit. They are so ubiquitous that we cannot avoid seeing them.

Although some of the advertisements are informative, they show the newest goods so that we can consider which is necessary for us; some of them are blatant with the wrong information. They bring profits to the producers and the advertisers, who are sometimes not aware of the benefits of the customers. Last year, there was a scandal of the company selling milk. The customers not only bought the low-quality products and lost a lot of money but they also suffer from some health problems causing by poor nutritious milk.

These are some reasons that show the necessary in reducing advertisements in our life. We should maintain the standards of honesty and to discourage the more blatant types of misleading advertisements.

67-If you could change one important thing about your country, what would you change

Our world is changing everyday and we also have to change to catch up with the modernization of it and to make our country better. If I could change one important thing about my country, I will change our method of teaching in education.

Education is very crucial to everyone and every country. The future of one country depends on the youth and the youth depends on the education. In my country, students still have to do too much homework so they have less time to play and take part in other interesting activities. They also have to learn by heart all of the contents in the textbook. Students feel tired after school and of course, their results cannot as good as they want. Because of that, to have more excellent students, we should decrease the exercises they must do at home and teach them how to learn effectively so that when they work, they can organize everything properly and precisely.

Education not only decides the future of one country but it also decides the future of the whole world. If the next generation receives a good schooling, they can contribute much for the society with all of their responsibility. To do that, we have to make the students be interested in the lessons not make them be bored when they look at a list of assignments to do. There are many research proved that if the students are willing to learn, their score will be higher because they pay much attention the lessons.

A good method of teaching and learning also express the care of the government in education to develop the country. For example, when a group of professors from another country visit our country and some of our schools, they will see how the teacher works in the class and how the students react to the lessons with the support of modern equipment. If they see both of them well co-operate, they can realize that this country invests a lot in education and the government takes care of the next generation very carefully.

Therefore, if I have a chance to change one important thing in my country, my priority is to make the method of teaching better.

68-Waterfalls

There are many water falls in Sri Lanka. Water falls give beauty and income for our country. Dunhida fall, Bamarakanda fall, Lakshapana water fall, Diyaluma waterfall, Gerandi ella, Rawana ella. Bopath ella and Aberdeen water fall are some of these waterfalls. There are many waterfalls situated in Badulla and Nuwara Eliya district. Bamara Kanda water fall is the highest waterfall in Sri Lanka. There are many rare flowers, hurble plants can seen near the waterfalls. Most people get salery from this water falls. They grow some flower plants, vegitables for sell. Some time people make fresh water bottle . Some companies built hotels near the water falls. Because most forgines would like to spend their vacations near the water falls. Water falls are very beautiful. We can generate power from waterfalls. During certain season visitors can see lots of small butterflies hovering round the Dunhina water-fall.

69-Tourism

Tourism is the act of travel for the purpose of not only recreation, but also the provision of services for this act. It might occupy local services such as entertainment, accommodation and catering for tourists. It may seem, that tourism brings only benefits, but further consideration shows that it also has disadvantages.

Firstly, many countries depend heavily upon travel expenditures by foreigners as a source of taxation and as a source of income for the enterprises. Therefore, the development of tourism is often a strategy to promote a particular region for the purpose of increasing commerce through exporting goods and services.

Secondly, it provides direct employment for the people associated with occupations in bars and hotels. Thanks to it, the average standard of living of people increases well and at the same time unemployment is on the decrease.

However, tourists cause environmental damage through forest fires, destruction of sand dunes and pollution. Consequently this serves negatively as increased pollution disturbs local residents and also it may discourage tourists from further entering the country.

After this, tourism undermines culture by commercializing it and this is often connected with increasing litter, graffiti, vandalism and noise - tourists do not always respect traditional cultures, which is sad but true.

In general, tourism is an extremely profitable process in loads of countries, especially those in which the process of development continue to depend on this industry because this industry does not require a lot of literacy and also it yields maximum profits with less investment.

Advantages: Creates jobs for locals. Brings in money to the local economy and government. Attracts more people to the area.

Disadvantages: they might steal things from your country. destroy the enviroment. The tourists may litter in your country.

70-Naturel vegetation

Naturel vegetation means trees,hurbs,shurbs and woody climbers.Naturel vegetations are very pleasent.Vegetation mean by interference jungels.The naturel vegetation are wet green forest,dry mixd ever green forest,intter mediate forest,moisture mounnten forest,throny wood land and mangrows.Vegetation habitate for animals and birds.In vegetation is home to many rare animals,birds,butterflies,insects,reptiles and trees.

Vegetation provide a habit for animals.The plants provide them with foods.There are large mammals as well as small ones living there.There are herbivores,carnivores as well as mixed feeders live in vegetations.Vegetation help to maintain a reguler rainfall.The vegetations are important to humen existence.Please protect vegetation as your eyes.

71-Importance of newspaper

The newspaper, today, plays a vital role in human affairs. Its importance has not been diminished by the appearance of the radio or the television. Men no longer have travel to get information. The newspaper has become the main source of information. The newspaper has become the main source of information about local and foreign affairs. Though the radio and television convey important news and messages quicker than the newspaper, they seldom give the details of an incident. The newspaper, on the other hand, gives not only more detail about a particular incident but it also contains more new items. This is greatly important today when political changes occur with rapidity unknown before. Besides, the newspaper is easier to carry and it could be read at any time during the day. Further, the permanence of the printed word helps one to refresh one's memory of certain facts and incidents reported in the past.

The importance of newspaper has been increased greatly by the spread of education. Education sharpens one's curiosity about events in distant lands and also makes one conscious of the necessity to maintain one's reading habits. In both respects the newspaper appeals most, especially if one finds little time to read books.

The newspaper should, however, be read with caution, for its capacity to do harm is great. Most people believe everything that is reported by the newspaper. As a result, the newspaper exerts a profound influence on the minds of reader. Therefore, when some news is reported wrongly either by mistake or design, it may cause a lot of harm. On the other hand, if the policy of the newspaper is to promote the welfare of the people, it could do a lot of good. For example, it could exercise its influence to persuade the government of a country to do many things for the benefit of the people. In a country like Malaysia, where there are many races of people, the newspaper could also use its influence to promote good-will and harmony among the people. It is therefore important to know the policy of the newspaper that one reads.

In general, however, the newspaper tries to report as accurately as possible, for there are various magazines and periodicals competing with the newspaper to provide accurate information on world developments, and it is the newspaper that links us with the outside world.

72-Floods

Floods are a natural phenomenon. They cause tremendous havoc to human life and property but are sometimes also a blessing in disguise because they bring alluvial soil which is essential for crops. This is a great benefit compared to the havoc it creates.

Floods are natural calamities and occur regularly in certain low lying area. The unexpected flood causes great misery. The rush of water demolishes houses and destroys homes. It inundates large areas under cultivation, wrecks public services and makes the life of the survivors miserable. Sometimes man is prepared for it and has learned to take advantage of floods to enrich their soil, trap fish and more logs of wood.

Floods, however have always brought out the best in men. men organize rescue and relief activities for strangers without expectation of personal gain. Voluntary organizations organize relief camps and provide medical facilities. Floods bring out the best in Men to the surface. People throughout the world make collections and airlift relief materials to the victims.

The increasing incidence of floods can be reduced by construction of dams and catchments areas. These activities cannot be carried out by a single man, but can be achieved only by the Government as these require colossal resources, organization and manpower.

Every single man can contribute to prevent flood by planting trees and preventing denudation of vegetable plots. Forestation is one of the best alternatives to arrest floods.

74-The best way to learn English

Although most people can realize the importance of English in modern life. Mastering English is quite difficult for them, Why? Because they don't find out a suitable way to learn. I state you about the way to learn English I think it is the best. It is combination of two factors: learning inside the class and learning outside the class.

Learning inside the class is very necessary for learners for experience, a good environment for practicing and motivation of studying. Firstly, you should take part fully in class to get knowledge from teachers who can share their valuable experiences for studying English with us, and they also give comment or feed back about your mistakes if you have , they can explain about what you don't understand the English lessons. Second, class is good environment for studying, is where we can communicate with your friends in English and check your knowledge level, beside when you learn inside the class, you have competition with others, which make you have more motivation for studying but joining in class every day isn't still enough time for your practice to become a good learner. You should spend more time on practicing yourself at home.

Learning English outside is also important. You can study English online at home with threes reasons: not spend much fees, have suitable lesson for each person and have more interesting for lessons. First learning English online at home, which decrease fees for us and don't much time for moving, second there are many kinds of lesson which are suitable with each learner's level, there are courses for beginners, both adults and children, as well as more advanced courses for those who work their way up through the lessons. The advanced lessons are also suitable for those who do have the basics of the English language and want to increase their skills in reading, speaking, listening and writing. Thirdly, having many funny activities from English online course. It makes learners more interesting for studying. For example, play funny games such as play cards, puzzle, crossword, or hangman. Moreover, you can watch English film, listen to English news, read English newspaper or chat with native speakers.

Many people have the idea that learning English is a difficult process. In fact, the opposite is true and the language is really easy to learn if you spend time on practicing it everyday with above method. You will become a good learner English.

75-CHILDREN SHOULD LISTEN TO THEIR PARENTS AND TEACHER. GIVE YOUR OPINION WHETHER YOU AGREE OR DISAGREE.

In this century the children are much more forward from last generations. They think they are too smart and can do anything without help of their parents. In past children use to respect their parents and always follow their orders and very afraid of father. Today generation is totally different, they don't like interference from parents and teachers. They don't give respect their parents. In my opinion I agree that children should follow their parents and teacher and give them respect and by respecting parents they get good respect from others. they get much more benefits .

Firstly the children who listen to their elders they get good respect from elders and they give them good suggestion which help in future and they become respectable person in future.

secondly children who help their parents get more benefit from their experience, they will not do any mistakes what their parents have committed. They learn good things in life from their parents and progress more in life.

Thirdly when they follow their teachers and give respect to them, they get good marks in exam, and teacher are always helpful to them in any problem, the teacher is ready to help them in any difficulties and even ready to explain it again what she had explain earlier.

I also disagree that children should listen all the things, sometimes parents are wrong so they do not follow their parents. Take example of some father are thief and tell their children to follow them then children should not follow them.

To conclude i agree that children should always follow what parents say and give respect to them and also give respect to teacher and always listen to them to make good future in studies.

76-Diwali Festival

Diwali is one of the most important festivals of the Hindus. It is celebrated with great enthusiasm throughout India. With this festival are associated so many lores and legends. It marks the victory of Rama over Ravana. As a matter of fact, Diwali is the symbol of the victory of the forces of good over evil.

One the day of Diwali there are hectic activities all over the country. People call and invite their nearest and dearest ones. On this festival, sweets are made and distributed among friends are relatives. People indulge in fun and frolic on the day of Diwali.

New cloths are worn by the young and the old, high and low. Children and teenagers are dressed in their most glittering and dazzing dresses. At the same time, during night, fire-works and crackers are also let off. The bright flames of the fire-works present and exquisite sight in the dark night.

The festival wears a lovely look. Everyone is well glad, gay and mirthful. Some celebrate it in the most enthusiastic way. Some indulge in gambling. Gambling according to gamblers, forms a part of Diwali festival and whosoever does not gamble, become a doney in his next life. At night the people illumine their houses, walls and terraces with earthen post. These glittering lights in the darkness of night pre-set a bewitching spectacle. A part from houses, public buildings and Government offices are also lit up. The public buildings and Government offices are also lit up. The scene of lights and illuminations is very enchanting. At the nights is performed 'Lakshmi Puja'. The Hindus worship Lakshmi; the Goddess of weaith on this day. They pray, so that, Goddess Lakshmi may visit their houses.

Diwali festival is the festival of the whole country. It is celebrated in every nook and corner of the country. Thus, this festival also creates a sense of oneness among the people. It becomes the symbol of unity. India has been celebrating to celebrate it even to-day which is both historical and religious.

78-A good teacher should assign homework.

Are you agree or disagree?

Examinations have become an effective method to test the student's capabilities. To pass the exam, we [it is OK with this pronoun?] always need a good preparation. It comes as no surprise to me that a good teacher should assign homework, otherwise, give students more opportunities to practice. First of all, homework, in some case, can be considered as the pressure that makes students less lazy. For example, instead of playing computer games all day (Is there another way to say: stick their eyes to the screen...?), they have some homework to do, and to think about it carefully. If there were no homework, unconcious students would never go over their lessons, nad then their school record would be so terrible (another suggestion for this word?) that they may think of dropping out of school sooner or later.

Second, homework improves students skills. For instance, for team work, in class, we just have a few minutes to discuss a problem concerning to the lessons, or, to be more precised, just kick it around. That is why students must spend time self-studying to clear up their misunderstandings about the topic, or they'd better share their opinions with the classmates to find out the answer. Theyy might finally cacht on the main ideas of the lesson.

Moreover, students who did homework, might feel more confident in class. They may come up with wrong answer, but it doesn't matter, the importance is that they have already had preparation. Actually, I deeply believe that they can enjoy the subjects as soon as they keep up with other classmates.

To sum up, it has never been easy to acomplish all homework: you never can! But at least, if good teacher takes good care of the students' assignments, they may obtain the higher score on the test.

79-Computers

ADVANTAGES

The computer helps you automate various tasks that you can not do manually. It helps you organize your data and information in a better way. The computer has much more intelligence power then an ordinary human. It helps your make work in an easier way. It is the storage of your important data and files. It might be your handy book. The computer must help you solve problems in the easier way and fastest way than an ordinary human being can do. It has speed, reliability, consistency and you can communicate with others. It helps you and gives you instructions to find useful information using the Internet. The computer helps anyone, everywhere and in everything ex: in businesses, factories, offices, schools and homes.

DISADVANTAGE

It destroys your life and interactions with other people. It may effect your eye sight from the radiation of the computer. It may cause pimples and zits. It may decrease your interests in studies and social life. Infact too much time in front of the monitor may cause effect your eye sight and can also make you fatter. The way it distracts your mind can trouble our thoughts and activities,towards activities you can get a heart attack. It could cause violation of privacy, impact on labor force, health, impacts on environment, distraction of work, and it may ruin your life with others and with your family. The computer can get you away from real life and it may give you bad influence